

**Comparative Survey on the social issues and future perspectives of “Senior Citizens” in Finland and Italy**

in partnership with:

- The Finnish Adult Education Centre of the City of Helsinki (Finland)
- Università degli Studi del Molise (Italy)

<b>Please read the following statements and mark the most appropriate alternative response to you.</b>	<b>Never</b>	<b>Rarely</b>	<b>Sometimes</b>	<b>Often</b>	<b>Always</b>
1. I feel that loneliness is one of my main problems.	( )	( )	( )	( )	( )
2. I feel not connected anymore to the rest of the family.	( )	( )	( )	( )	( )
3. I go to the doctor for cure my physical problems.	( )	( )	( )	( )	( )
4. I go to the doctor for cure my mental problems.	( )	( )	( )	( )	( )
5. I feel that drinking is one of my main problems.	( )	( )	( )	( )	( )
6. I feel that my monthly income is not sufficient to cover my expenses.	( )	( )	( )	( )	( )
7. I have lunch / dinner alone in cafeterias or restaurants.	( )	( )	( )	( )	( )
8. I read publications about materials that may be used in teaching activities.	( )	( )	( )	( )	( )
9. I feel that I cannot adapt to technological advances.	( )	( )	( )	( )	( )
10. I take courses to update my skills and competences.	( )	( )	( )	( )	( )
11. I ask advice to others when I have problems with my computer.	( )	( )	( )	( )	( )
12. I travel during my leisure time.	( )	( )	( )	( )	( )
13. I read during my leisure time.	( )	( )	( )	( )	( )
14. I go for a coffee / bear with friends during my leisure time.	( )	( )	( )	( )	( )
15. I participate to the association life.	( )	( )	( )	( )	( )
16. I use the Internet to find new friends.	( )	( )	( )	( )	( )
17. I feel that I have a role in my family (ex. looking after grandchildren).	( )	( )	( )	( )	( )
18. I use the Internet to search information or ask advices about health issues.	( )	( )	( )	( )	( )
19. I feel bored.	( )	( )	( )	( )	( )
20. I organize social events.	( )	( )	( )	( )	( )
21. I am optimist about the future of society.	( )	( )	( )	( )	( )
22. I am optimist about my future.	( )	( )	( )	( )	( )
23. I feel that there is little respect for senior citizens in society.	( )	( )	( )	( )	( )
24. I do not trust people who do not speak my language.	( )	( )	( )	( )	( )
25. I feel that institutions do not do enough to improve my situation.	( )	( )	( )	( )	( )
26. I feel that companies do not consider my needs when developing new services.	( )	( )	( )	( )	( )
27. I use email.	( )	( )	( )	( )	( )
28. I use mobile phone for communication.	( )	( )	( )	( )	( )
29. I access my bank account through the Internet.	( )	( )	( )	( )	( )
30. I buy bus / train tickets through the Internet or mobile phone.	( )	( )	( )	( )	( )